

Fall Horsemanship

Clinic

DAY 1

*Growth and comfort
cannot co-exist. ~ K.D.*



AM

Ground Work

- Hauler your horse properly. How do we have a firm, but kind first touch with your horse.
 - Head down for easy bridling
- Leading and tying, good horse knots to know
- Flaggging and swinging a rope around your horse.
- Moving different parts of your horse. Hind quatres and fore quarters.
 - Yielding the hind quarter
 - Yielding the fore quarters
 - Yielding with your stirrup if we are saddled
 - Half-moon exercise with forward motion and on the rail
 - Sending your horse around you in correct balance
- Backing your horse
 - 3 methods
 - Haulter knot
 - Lead rope above the withers
 - From the end of your lead rope

PM

Mounting and Advance Balances and Positioning

- Mounting and starting from a balanced position.
 - Seat positions 1,2,3 Forward, Center, Back
 - Leg position 1,2,3 Forward, Center, Back
 - Hand position 1 & 2 Half circle to the center, Out and away
- Reach for a "Soft Feel" Release to the head going down.
 - "Timing the Release"
- Implementing Seat, Leg, & Hand positions at the walk and trot
 - Staying soft in the transitions both up and down
 - "Shape with your hand and operate with your legs"



DAY 2

AM

Balance and Timing

Building Confidence in Both the Horse and Rider

- Lateral movements
 - Leg yield
 - Shoulder in
 - Hind quarters in/Hunches in
 - Backing Circles
- Transitions
 - Walk-Trot
 - Trot-Lope
 - Lope-Trot
 - Trot-Walk
 - Stop-Trot
 - Trot-Stop

PM

Continue Lateral Movements at the Trot

- How does this apply to "Everyday Riding/Work"
- Collection and Extension
 - Changing your horses stride length at the walk and trot
 - What's the differences between shape and operation?

*To feel something
you have never felt before,
you must first offer something
you have never offered before.
~ K.D.*

DAY 3

AM

Collection and Extension

- Changing your horses stride length at the walk and trot
 - Shaping with our hand, and operating with our legs
- Keeping your horse soft and collected though different movements
 - Serpentine exercise, weave in and out of cones.
 - Ground pole Corral, Octagon with ground poles.
 - L-Shape, L shape with ground poles.
 - Box, Box with ground poles.
 - Chute, Ride in, back on a diagonal and ride out.

PM

- Cattle handling or trail ride to find trail obstacles (weather dependent)
 - With all the skills we have learned, we can now put them to use
- Use ground poles to assist in transitions
 - Keeping your horse soft on a loose rein
 - Transitions in collection
- Reflect and Review over dinner
 - Q&A
 - Problem Solving

In Horsemanship, we must first change ourselves by refining our own skills, mindset, and balance. If we can accomplish this, the change will be reflected in our horses.

~K.D.

